



Vyners School

Striving for  
Excellence

# Healthy Relationships

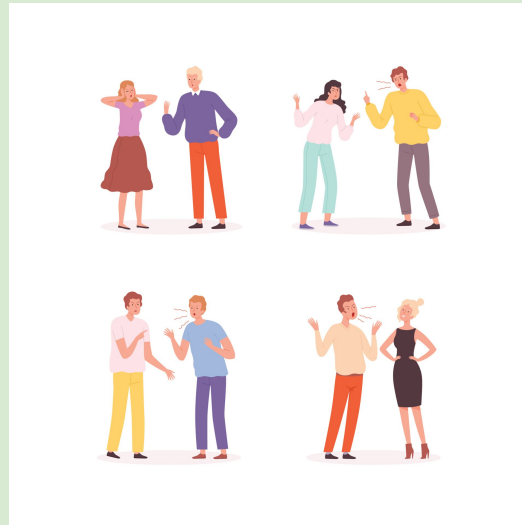
Year 10



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## Session 1: Am I in a Healthy Relationship?



Healthy Relationships

PSHE



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Get thinking:

**What makes a good relationship?**



# Am I in a Good Relationship?

featuring:

**ALIX**





## Reflection

- What does a good relationship look like?
- What are the warning signs Lottie should to look out for?
- What advice would you give Lottie about Jake?
- Who would you advise Lottie to talk to?
- What is a safety plan?