



Vyners School

Striving for
Excellence

Year 9 Dates For The Diary

Friday 13th December **Reports**

Wednesday 22nd January **Options Info Evening**

Friday 24th January **Options Form opens**



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Year 9 Parent Information Evening

Thursday 3rd October



The Year 9 Team

SLT Link - Mr Newbey

Year Leader - Miss Hawes

Deputy Year Leader - Miss MacManus

9C	Mr Dennis
9F	Mr J.Flynn
9G	Miss Berlajolli
9H	Miss Charlton
9J	Mr Wilcox
9M	Ms Bokhari and Ms Maurya
9P	Mr L.Flynn
9W	Mr Miller



Plan for the Evening

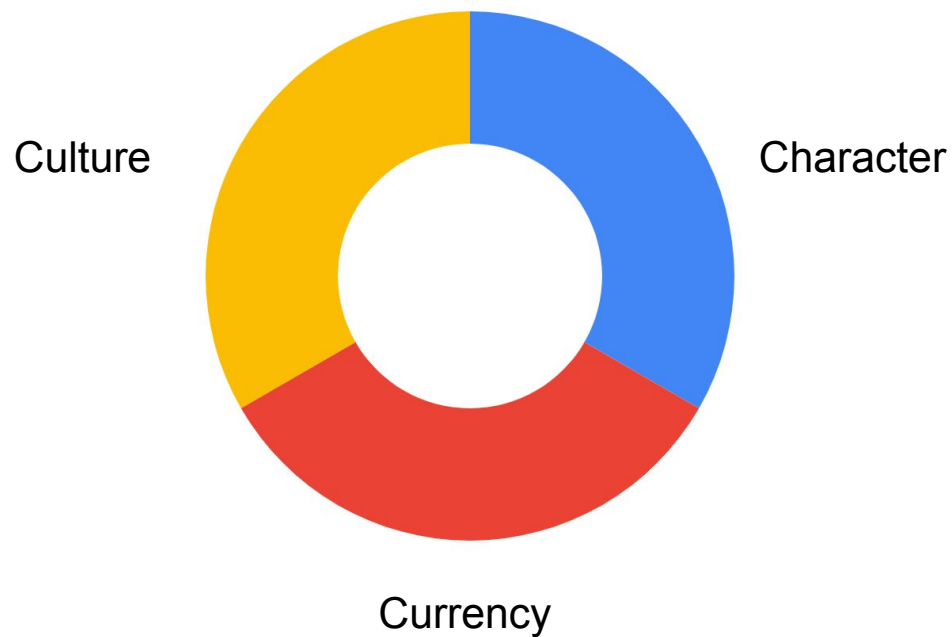
- 6:00-6:20pm - Miss Hawes Introduction Talk & Mental Health
- 6.20-6.25 - Mr Smith on D of E and leadership opportunities.
- 6:25-6.35pm - Aspiration - Miss MacManus
- 6:35-6:45pm - Vyners Values Year 9 - Mr Newbey
- 6.45 -7.00pm - Tutor Time/Place to Be/Stronger Families/Ms Kendall - SENCO
- 7:00pm - End of Evening

If you are really keen to speak to Place to Be, Stronger Families or Ms Kendall, please feel free to go to the back from 6.20pm



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The Importance of Good Attendance

- 97% is Vyners target
- No more than 5.5 days off per year
- No term time holidays
- Routine appointments in evenings / holidays
- Panel Meeting / Fines

365 days in a calendar year

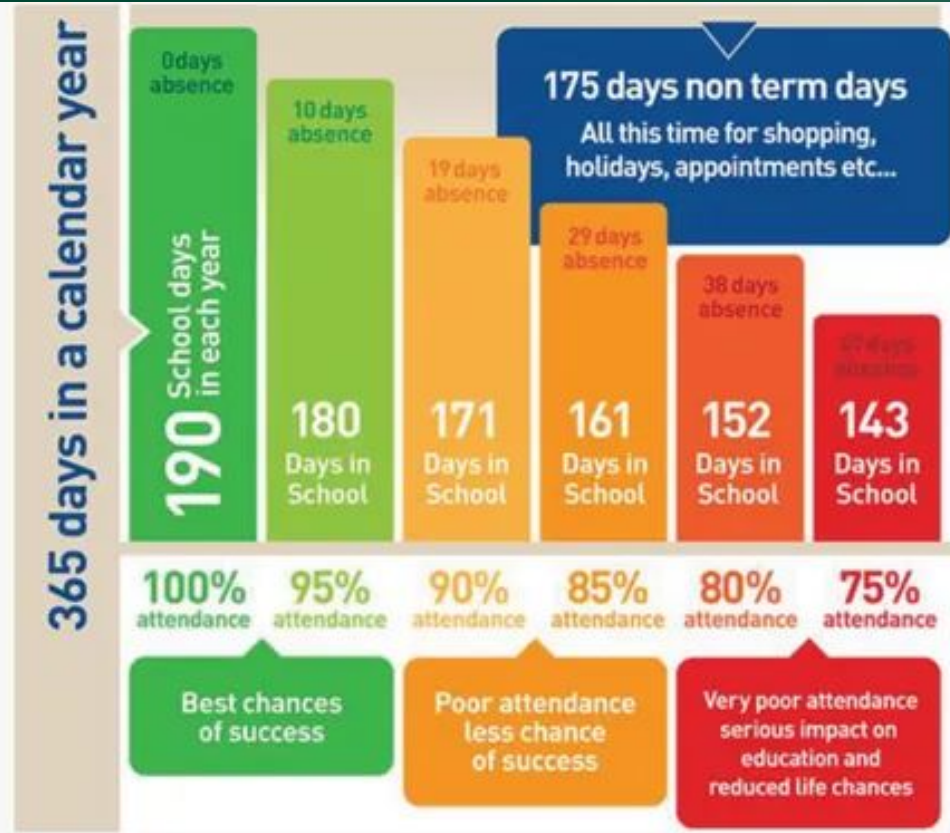




WHY?

Students who attended Vyners School 90% or below on average got 5 GCSEs at Grades 9-4.

Students who attended Vyners School 97% or above on average got 9 GCSEs at Grades 9-4.





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Attendance during one school year	Equivalent Days	Equivalent Sessions	Equivalent Weeks	Equivalent Lessons Missed
95%	9 Days	18 Sessions	2 Weeks	45 Lessons
90%	19 Days	38 Sessions	4 Weeks	95 Lessons
85%	29 Days	58 Sessions	6 Weeks	145 Lessons
80%	38 Days	72 Sessions	8 Weeks	190 Lessons
75%	48 Days	96 Sessions	10 Weeks	240 Lessons
70%	57 Days	114 Sessions	11.5 Weeks	285 Lessons
65%	67 Days	134 Sessions	13.5 Weeks	335 Lessons



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Mental Health

We believe that educating young people about their mental health is important and aim to help them consider ways to continually work on maintaining good mental health, rather than only focusing on when they are struggling or having a negative experience with their own or others mental health.



Mental Health

In addition to regular tutorial and PSHE sessions we celebrate Mental Health Awareness Days, including:

- World Mental Health Day (October)
- #HelloYellow - youngminds (October)
- Children's Mental Health Week (February)
- Mental Health Awareness Week (May)





Mental Health

Some of the tips students are given:

- Have good sleep routines
- Exercise - find something you enjoy
- Eat well - balanced diet
- Stay connected - with friends and family, in person as well as online
- Find ways to relax - hobbies (music, art, nature, games)
- Talk - express your concerns and talk them through with someone



Recognising thoughts and feelings

- Negative emotions
- Feeling worried, stressed, nervous or anxious
- Feeling upset or sad
- Short term low mood, lack of motivation or energy



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Mental Health Conditions

- Longer term
- Interrupt the daily routines of life on a regular basis
- Cause the inability to complete tasks
- Diagnosed by a medical professional



Mental Health

Internal Support:

- Pastoral team (tutors, Year Leader, student services)
- MHFA trained staff
- Coaching
- Counselling
- Wellbeing google classroom



Mental Health

Internal Support:

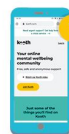
- Pastoral team (tutors, Year Leader, student services)
- MHFA trained staff
- Coaching
- Counselling
- Wellbeing google classroom

If you are worried about your child's mental health please contact their tutor or Year Leader who can support or direct you to the right person to help!



Mental Health

Signposting:



1 Click on the 'Join Kooth' button located in the centre of the home page of the Kooth website

How to sign up to Kooth.

Kooth is a FREE, anonymous, confidential, safe, online wellbeing service, offering professional support, information and forums for children and young people.

Access 365 days a year to counsellors who are available from:
12 noon-10pm Monday-Friday
6pm-10pm Saturday and Sunday

Log on through **mobile, laptop and tablet.**

Now that you are in you can click on the icons at the top of the page to choose from the articles, topic page, forums, or choose to talk to a counsellor by clicking the speech marks next to the turquoise circle.

To talk to a counsellor click on: **"Chat now button"**

To write a message to the team, click on: **"Message the team"**



2 Choose from the drop down box the **location** you are in

3 Click on the **gender** you identify with

4 Choose from the drop down box the **ethnicity** that best fits you

5 Add your **age** and the **month** you were born

6 Click: **"continue"**



7 Create an **anonymous username** (not your real name) and **secure password**

8 Choose from the drop down box to explain where you found out about **Kooth**



9 Click on the **"create account"** button to complete your registration.

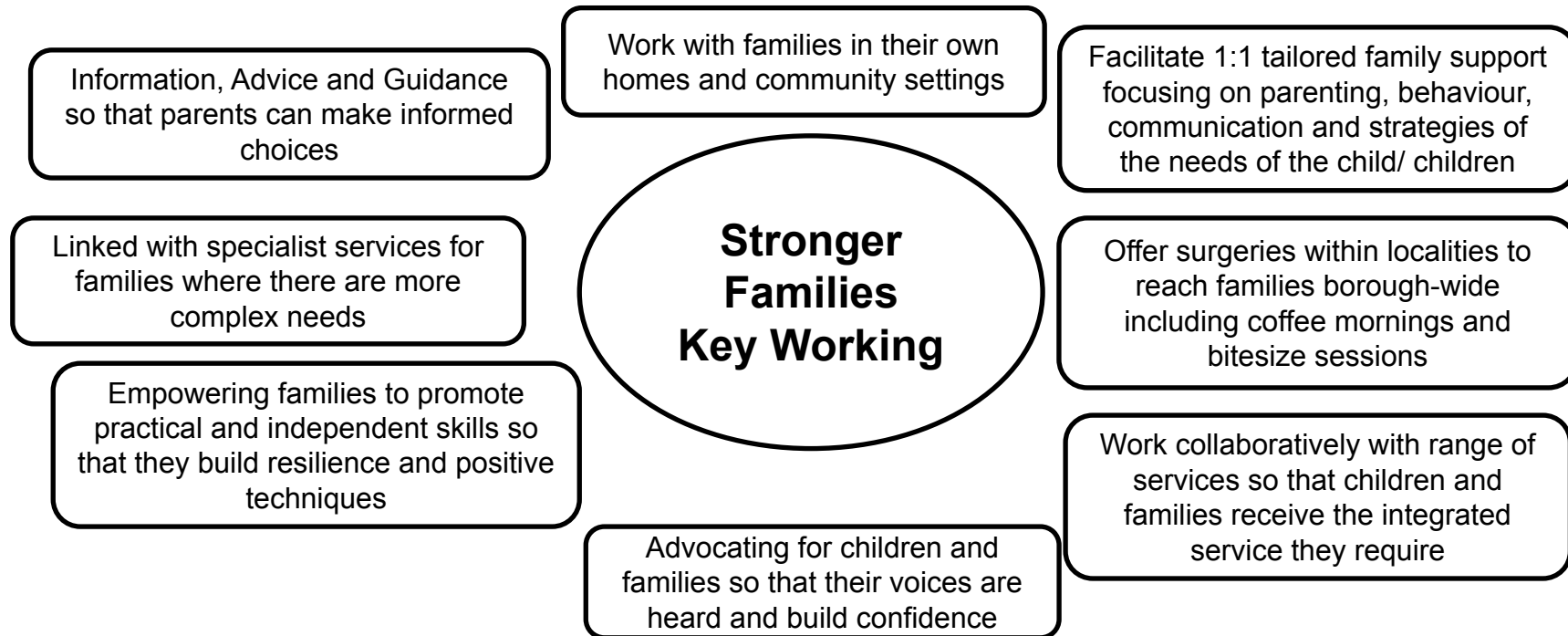
www.kooth.com

Text **YM** to **85258** for free mental health crisis support, any time of the day.





Our service offer



Stronger Families Key Working Service

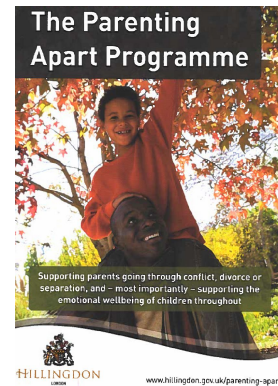
Who are We?

- Consent based service
- Age 0 -18
- Family setting
- Parents focussed
- Early Help support
- Locality based support
- Work collaboratively with range of services
- Time limited



Information

- [Parenting Apart Programme - Hillingdon Council](#)
- [Early help and support for families](#)
- [Children, young people and families - Hillingdon Council](#)





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Student Leadership

Mr Smith - DofE Coordinator: msmith@vynersschool.org.uk

Mr Heath - STARS Coordinator: rheath@vynersschool.org.uk



STARS
A TFL COMMUNITY PROJECT



Leadership opportunities within school:

- ★ **Duke of Edinburgh - Mr Smith**
- ★ Sustainable Travel and Road Safety - Mr Heath
- ★ Equality and Diversity - Mrs Bashford-Hynes/Mr Mullings
- ★ Eco Group - Ms Brown/Mr Heath
- ★ Student Voice - Mr Allhadeff
- ★ Prefects - Y10 into Year 11



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STARS - Sustainable Travel and Road Safety - Mr R Heath

1. Reduce congestion
2. Improve road safety
3. Improve health and wellbeing



London Borough of Hillingdon

Vyners School



Bronze accredited

Going for Gold!



Your progress towards Silver



Your progress towards Gold



What is DofE?

DofE is a life-changing adventure you don't want to miss.

It's about going the extra mile – learning new skills for work and life, getting fitter, making a difference and broadening your horizons.

Millions of young people in the UK have already done their DofE.

Now it's your turn.

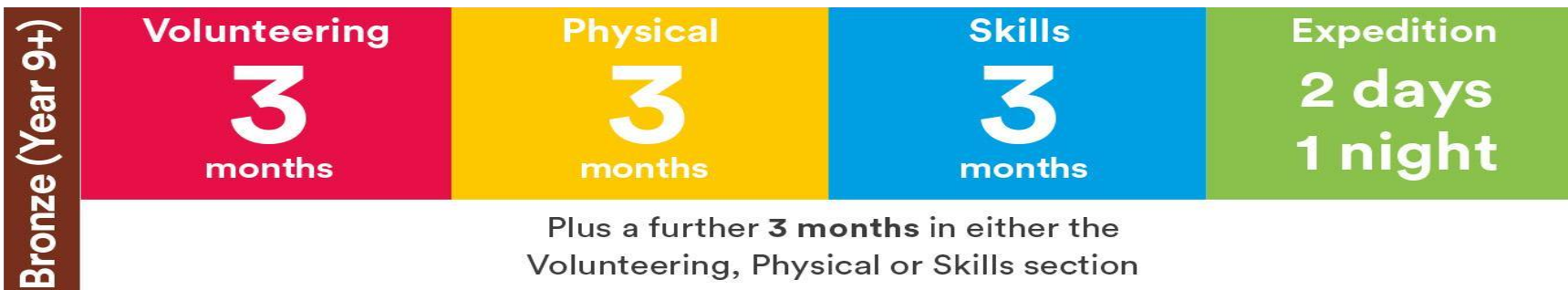


What does it involve?

There's loads to choose from — most activities can count towards your DofE.

Maybe you want to try something new? Or get better at something you already do? Your DofE can be whatever you want it to be.

Activities for each section take a minimum of one hour a week over a set period of time, so they can fit in around your studies and life outside school.



Why do your DofE?

So why should you do your DofE?

It's hard to list all the benefits of achieving your Bronze Award, so here's a quick snapshot. You'll...

- Have lots of fun
- Get healthier and happier
- Meet incredible people and make lasting friendships
- Have amazing new experiences
- Find talents and passions you didn't know you had
- Gain skills that employers value, which you can use on your CV
- Become more confident and independent
- Stand out from the crowd in college, university and job applications
- Make memories that will last a lifetime.



"As an actor I know how much Award holders' experiences and the skills they've developed matter. Without determination and passion I wouldn't be where I am today."
Benedict Cumberbatch, actor.



"Life doesn't naturally happen, you've got to get involved. What better way to do that than do your DofE. As an employer I want to work with people who have a range of skills and can see things through." **Deborah Meaden**, entrepreneur.

FAQs:

How do I sign up? A letter has gone out to Y9 parents today explaining how to.

Cost? The sign-up fee is £26 and if they want to complete the expedition through the school it will be around £85 + a £50 deposit for equipment. The letters for the expedition go out separately.

When are the expeditions? Due to the high number of students signing up we have two expedition seasons for Bronze: Spring (March and May) and Autumn (September and October).

When will my child be invited to the expedition? Your child can only be invited to join a school expedition if they have shown commitment to completing their other sections by the time the letter has been sent out. The letters tend to go out in January and July.

Does my child have to complete the expedition through Vyners? No they can do it externally if they would like and we can manage their award.

Any other questions - Please ask them to email me msmith@vynersschool.org.uk



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Thank you for listening!

Any questions?



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Aspiration

Year 9 Tutor Evening 2024



- You will have 4 minutes to solve as many riddles as possible
- You can pick either the hard or easy set of riddles...

Riddles - Hard

Be careful these are tricky and take a long time to get correct so you will only get a few. The answer is not always what it seems!

1. What word in the English language does the following: the first two letters signify a male, the first three letters signify a female, the first four letters signify a great, while the entire word signifies a great woman. What is the word?
2. I'm as hard as a rock, but I melt immediately in hot water. What am I?
3. I use my ear to speak and my mouth to hear. What am I?
4. There is a house. One enters it blind and comes out seeing. What is it?
5. You see a boat filled with people. It has not sunk, but when you look again you don't see a single person on the boat. Why?
6. What has teeth, but cannot chew?
7. I have hands, but cannot hold a thing.
8. I am hard like stone, but I grow on your body. What am I?
9. I'm excellent to taste, but horrible to smell. What am I?
10. We are brothers from the same mother, but we've never met.

Riddles

With a little thinking you will be able to do many!

1. I have hands, but cannot hold a thing.
2. I'm as hard as a rock, but I melt immediately in hot water. What am I?
3. I use my ear to speak and my mouth to hear. What am I?
4. There is a house. One enters it blind and comes out seeing. What is it?
5. What has teeth, but cannot chew?
6. I am hard like stone, but I grow on your body. What am I?
7. What word in the English language does the following: the first two letters signify a male, the first three letters signify a female, the first four letters signify a great, while the entire word signifies a great woman. What is the word?
8. You see a boat filled with people. It has not sunk, but when you look again you don't see a single person on the boat. Why?
9. I'm excellent to taste, but horrible to smell. What am I?
10. We are brothers from the same mother, but we've never met.

Riddles - Answers

1. What word in the English language does the following: the first two letters signify a male, the first three letters signify a female, the first four letters signify a great, while the entire word signifies a great woman. What is the word?
HEROINE
2. I'm as hard as a rock, but I melt immediately in hot water. What am I? **ICE CUBE**
3. I use my ear to speak and my mouth to hear. What am I? **PHONE**
4. There is a house. One enters it blind and comes out seeing. What is it? **SCHOOL**
5. You see a boat filled with people. It has not sunk, but when you look again you don't see a single person on the boat. Why? **THEY ARE ALL MARRIED**
6. What has teeth, but cannot chew? **A COMB**
7. I have hands, but cannot hold a thing. **A CLOCK**
8. I am hard like stone, but I grow on your body. What am I? **TEETH**
9. I'm excellent to taste, but horrible to smell. What am I? **TONGUE**
10. We are brothers from the same mother, but we've never met. **DAY AND NIGHT**

High/ Low Expectations

1. How did you feel knowing you had the harder/easier riddles?
2. What did you feel the expectations were for you?
3. Did this affect your approach to solving the riddles?
If so how?



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The Vyners Supercurriculum

The Supercurriculum provides you with a range of suggested activities that take the regular curriculum *further*.

They take the subjects studied in the classroom *beyond* that which is taught.





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The Vyners Supercurriculum

The initiative is simple, each subject gives recommendations for: **events, shows, games, matches, fixtures, tours, fayres, podcasts, wider reading, visits, attractions, exhibitions, installations, and museums.**

Students can pick from the options and then complete individually, with parents or with friends.





Accessing Supercurriculum

In the Parent Zone
on the google
classroom, click
Supercurriculum.

The screenshot shows the Vyners School website interface. At the top, there is a navigation bar with the school crest and a menu of links: Home, About Us, Beyond the Classroom, Curriculum, Sixth Form, Communication, Events, Contact Us, and Vacancies. Below this, the breadcrumb trail reads 'HOME → HOME → PARENT ZONE'. The main heading is 'Parent zone'. A list of links is provided: 'Please select the link you require.', 'Calendar', 'Co-Curricular Timetable - 2023/24', 'Cycling to School', 'EduLink Parent Portal', 'Friends of Vyners', 'Keeping your children safe online', and 'Letters Home and Newsletters'. On the right side, a dark green sidebar titled 'In This Section' contains a list of items: 'Supercurriculum' (highlighted with a red arrow), 'Parental Engagement', 'Musical Instrument Purchase Scheme', 'Options Brochures', 'Vyners School Futures Fund', and 'Safeguarding Snapshots'. The browser's address bar shows the URL 'https://www.vynersschool.org.uk/page/?title=Super+Curriculum&pid=379'. The taskbar at the bottom shows the system tray with the date '27/09/2024' and time '13:18'.



To record engagement with super-curricular activities, collect **Supercurriculum Merits** from teachers.

Merits

- There are 3 types of merits which can be awarded:
 CARE value merit
 Learning journey merit
 Super curriculum merit
- Examples of when merits can be given:

CARE - Community	CARE - Aspiration
Attendance at extra-curricular clubs Helping at events or with activities Involvement in assemblies Helping other students Contributing to school activities Helping	High level of progress High level of effort
CARE - Respect	CARE - Endeavour
Helping staff above and beyond expectation Helping other students in and out of lessons Excellent evaluation of others' work Acting as an effective peer mentor	High level of effort High level of progress Purposeful contribution in lessons
Learning Journey	Super Curriculum
Completing a milestone on the learning journey roadmap. Outstanding effort towards completing a school activity or event.	Completing an activity suggested by a department. Demonstrate a new skill learnt from attending a super curriculum event or activity.

This is how engagement is evidenced





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The Vyners Supercurriculum

The 'Why': Aspiration

In the future, employers or universities will be interested to hear about what extra curricular activities have been engaged in; they will be interested in what has been learnt at school and outside of school and impressed by the initiative that has been taken.



Our Vyners Values - Year 9

Community, Aspiration, Respect and Endeavour

Creating Intrinsic Learners

Creating Lifelong Learners

Creating Curious Learners



How can you help with this mission?

- Rather than asking your child what they did at school today, ask them to teach you something new they learnt.
- Praise effort over achievement
- Engage with the school



Please don't....

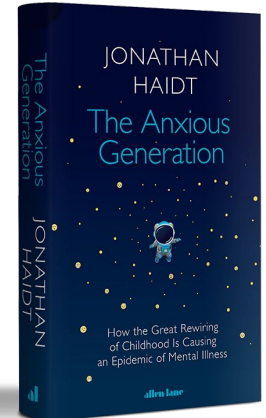
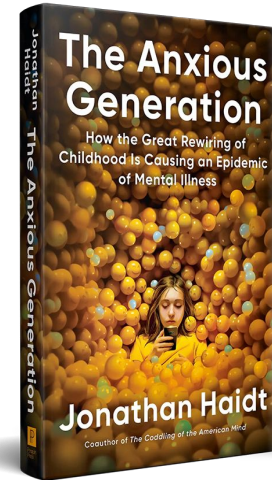
- Tell them you weren't good at certain subjects.
- Tell them certain subjects aren't useful in real life.
- Self diagnose disorders.
- Criticise the teachers, staff or school in front of your children - Feel free to do it on WhatsApp.

This Devalues Education



Devices

- Advice from the National Institute for Health and Care Excellence. (NICE) suggests that children should have screen free days, or have a two hour limit on the time spent in front of screens during the week.
- Device time stimulates the 'reward centre' of the brain, acting as a digital drug, so young people want more and more - **We cannot compete with that!**
- Children who spend more than two hours a day playing video games or using a computer or smartphone are more likely to have emotional, social and attention problems.





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Thank You